

Cheat Sheet for the 2016 Swarthmore College English-Scottish Ball

Softly Good Tummas

Longways duple minor

- A1 All dance single file halfway L (CW) around the set, 4 steps per side. Dance into the center for 4 steps and turn single L, clapping on the last beat of phrase.
A2 Repeat, dancing CCW and turning single R.
B1 1s cast off in four steps while 2s lead up; all set. 2 changes of R&L.
B2 All fall back setting, come forward, passing through R shoulder. 1s turn by the R moving down while the 2s cast up the outside to progressed places.

Turn of the Tide

Improper longways duple minor

- A1 Circle L halfway. Turn partner 2 hands halfway. 2s lead down through the 1s and cast back.
A2 Repeat with 1s leading through and casting.
B1 1s lead down for 2, fall back down the set for 2, lead up for 2, fall up the set for 2.
B2 Turning poussette: Men move forward to begin this CCW half poussette. Dance away from the center for 2, man 1/4 turn for 1 bar, woman 1/4 turn for 1 bar. Dance in for 2, turn 2 hands halfway for 2, opening up in progressed place ready to circle with new couple.

Glen Fincastle

J8x32 for 3 couples in a 4-couple set

A Dancing Tour

- 1-8 1s set advancing. Slip down BHJ, 2s+3s set *while* 1c set, opening downwards to face out. 1s turn 3s EH on side while 2s dance in and cast to face out to 2,1,3.
9-16 Mirror reels on the sides, 1s dance in and up.
17-24 1s set, turn RH $\frac{3}{4}$; 2s+1W & 1M+3s LHA, to 2,1x,3.
25-32 1s set, turn RH $\frac{3}{4}$; 2s+1M & 1W+3s LHA to 2,1,3.

Land o' Cakes

S8x32 for 3 couples in a 4-couple set

RSCDS Book 29

- 1-8 1s lead down, cross below 2s, cast down round 3s, lead up to top & cast to 2nd place.
9-16 2s+1s+3s dance grand chain for 6 bars to end 1s (at top) & 3s 1/2 turn 2H to remain in centre in circle formation, with 2s on sides in 2nd place.
17-24 1s+2s+3s circle 6H round & back.
25-32 1s+2s dance allemande.

The Hyperactive Reel

R8x32 for 3 couples in a 4-couple set
Graded Book 2

1-8 1s lead down the middle & back.

9-16 1s+2s dance poussette with 1s ending back to back ready for double triangles.

17-24 All dance double triangles, 1s end facing out on own sides.

25-32 1s cast to right & dance figs of 8 across while 2s+3s dance reels of 3 on sides (1s interacting with 2s+3s in reel).

Barbarini's Tambourine

Longways duple minor

A1 1st corners figure 8 to change places: cast around neighbor, pass L shoulders in the center, cast R around partner to corner's place.

A2 2nd corners the same: cast around partner, pass R shoulders in the center, cast L around neighbour to corner's place.

B Fall back 3 steps, come forward, pass through. Back-to-back with neighbor; back-to-back with partner. R&L. Turn partner 2 hands.

At Nancy's House

Three-couple longways set

A All 6 circle round and back (slipping). 1s turn R 1 1/2 *while* 2s and 3s star R. 1s cast to the bottom and cross R shoulder *while* 2s and 3s cross R hands with partner, then cross diagonally up passing R shoulder with partner.

B Middles (3s) advance toward partner and turn single R into a cast one place CW, while ends balance in and out and petronella one place to the R (CCW). Repeat this figure three more times until proper and progressed in the order 2-3-1.

Trip to Kilburn

Longways triple minor

A1 1s cast and circle with 3s, then lead down through 3s.

A2 1s cast up to circle with 2s. 1s lead up through 2s.

B1 1s cast off one place. 1st, 2nd and 3rd couples circle six hands L once round.

B2 1s and 2s, dance 4 changes of a circular hey (brisk 2 steps per pass), turn partner 2 hands.

The Professor's Nightmare

J8x32 for 3 couples in a 4-couple set
Miller, unpublished

1-8 1s followed by 2s+3s lead down the middle & up (3s leading) with 2s+3s casting back to places.

9-16 1s+2s dance the knot.

17-24 1s+3s dance the knot.

25-32 1s lead up crossing RH & cast to 2nd place, s dance 1/2 fig of 8 round 2s.

The Sauchie Haugh

S8x32 for 2 couples in a 4-couple set
RSCDS Leaflets

- 1-8 1s lead down the middle & back (end facing down).
- 9-16 1s+2s dance the rondel.
- 17-24 2s+1s adv+ret 1 step, turn partners 2H & circle 4H round to left.
- 25-32 2s+1s dance diamond poussette.

Soldier's Joy

Improper contra dance

- A1 Forward and back. Turn neighbor 2H.
- A2 Balance, partner swing.
- B1 Ladies' chain.
- B2 Forward and back, pass through.

Alterations

Longways duple minor

- A1 1st corners set forward to each other; fall back to place. 1st man wide cast down, 2nd woman same up, *while* 2nd corners turn 1 1/4 by R. All finish progressed.
- A2 2nd corners the same: 1st woman cast down, 2nd man up, *while* 1st corners turn 1 1/4 by R.
- B1 1s & 2s R hands across; L hands back.
- B2 1s cross, cast down, 2s moving up, 1/2 figure 8 up through 2s.

Irish Lamentation

Longways duple minor

- A1 Taking hands four, all step set L& R twice. 1st corners turn 2 hands.
- A2 Repeat with 2nd corners turning.
- B1 All dance up a double & face out. Neighbors take inside hands, 1s gate to progressed position. All dance down a double & face out; 1s gate to original place. 1s cross, cast, and 1/2 figure 8 up through 2s.
- B2 R&L beginning with partners. Couples waltz once around each other to progressed places.

Pelorus Jack

J8x32 for 3 couples in a 4-couple set
RSCDS Book 41

- 1-8 1s cross RH & cast 1 place, dance RH across with 3s & 1s end with man facing his 1st corner with his partner behind him.
- 9-16 1s dance alternating tandem 1/2 reel of 3 with 1st corners, 1s dance alternating tandem 1/2 reel with 2nd corners.
- 17-24 1s dance alternating tandem 1/2 reels of 3 with Ladies 1st corner (pstn), 1s dance alternating tandem 1/2 reel with Ladies 2nd corner (pstn).
- 25-32 1M followed by partner dance into LH across with 2s, 1s retain LH & 1/2 turn to own sides, 2s+1s+3s set.

Argyll Strathspey

S8x32 for 3 couples in a 4-couple set
RSCDS Book 35

- 1-8 1s+2s+3s 1/2 turn RH, twirl & dance out to opposite sides & repeat back to place.
- 9-16 1s+2s+3s circle 6H round & back (1s end in centre facing down & 3s in centre facing up).
- 17-24 1s+3s dance R&L (up & down) & end back on own sides.
- 25-32 1s+2s dance the tournee.

Fireside Reel

R8x32 for 3 couples in a 4-couple set
Scottish Country Dances of The 18th Century

- 1-8 1M casts to 2nd place, crosses & turns 2L RH to end in 2nd place opp side, 1L casts, crosses & turns 2M LH to end in 2nd place opp side.
- 9-16 1s lead down & cast up round 3s, 2s+1s dance 1/2 R&L (2s end 2nd place opposite sides) to 1, 2x, 3.
- 17-24 1s+2s set & petronella turn moving anticlockwise to next position to right, 1s+2s repeat to 2, 1x, 3.
- 25-32 2s+1s+3s dance 6 bar reels of 3 on opposite sides giving RSh to 2nd corners (1M up, 1L down), 1s cross to own side 2nd place on bars 31-32.

Physical Snob

Three-couple longways set

- A1 1st woman lead the women around men back to places (take hands).
- A2 1st man lead men around women.
- B1&2 Poussettes: 1s & 2s change places (1st man push); 1s & 3s whole poussette (1st woman push); 1s & 2s change places (1st woman push).
- C1&2 1s cross, cast one place; cross, cast to the bottom. 1s lead to the top, cast to the bottom. (Optional footwork for A and C: skip change.)

When Laura Smiles

Longways duple minor

- A1 1s lead down for 6 steps, up for 6, turn single into place.
- A2 2s do the same, leading down.
- B1 2 changes of R&L, starting with partner. Partners gypsy.
- B2 All circle one round, turn P halfway.

Dublin Bay

Longways duple minor

- A 1s cross R while setting to 2s (1st woman cross first). Turn opposite R hand. 1s cross L shoulder and cast, curling in to finish between 2s in a line across the dance, facing neighbor. Arm R with neighbor and finish 4 in line facing *down*.
- B All fall back a double, then come forward. Turn towards neighbor to face up. All fall back a double and then come forward. 1s gate to progressed place.

Duncan Mackay

S8x32 for 3 couples in a 4-couple set
Scottish Country Dances of The 18th Century

- 1-8 1s+2s circle 4H round to left, 1s lead down below 3s & cast up to 2nd place.
- 9-16 1s+3s circle 4H round to left, 1s cross up RH & cast 1 place to face 1st corners.
- 17-24 1s turn 1st corner 2H & end between corners, 2s+1s+3s set & 1s face 2nd corners, 1s turn 2nd corners 2H ending between corners & all set.
- 25-32 1s dance reels of 3 on opposite sides giving LSh to 1st corners & cross passing RSh to 2nd places.

The Border Bridge

R8x32 for 3 couples in a 4 couple set
Dunse Book

- 1-8 1s+2s+3s advance for 2 steps & retire & turn partners RH to end in centre for promenade.
- 9-16 1s+2s+3s dance Promenade with 1s casting to face 1st corners.
- 17-24 1s set to 1st corner, set to partner, set to 2nd corner & set to partner to end in 2nd place own side.
- 25-32 2s+1s+3s circle 6H round & back.