

## 2019 Swarthmore English-Scottish Ball Program Cheat Sheet

### **Row Well, ye Mariners (longways mixer, 2's improper)**

**A new version by Kathryn Barnhardt.**

**A1** Partners side R and then L.

**A2** All take hands in long lines on the sides, slip 4 steps to the left, and then slip 4 steps back to the right. Partners dance back to back.

**B1** All step with the R foot and kick across with the L, then step with the L foot and kick across with the R; all turn single R.

**B2** All set. All dancers move one place to the R (CCW) in 4 steps, stepping into the set and then back out to the sides, *while* the top dancer on the women's side and the bottom dancer on the men's side instead cross the set turning single.

### **The Dressed Ship (longways duple)**

**A1** 1st corners set toward each other and fall back, then turn 2H once round.

**A2** 2nd corners do the same.

**B1** 1s cast down, 2s leading up. All set to partners. Partners give RH and turn the women under, staying on own sides.

**B2** 1s cast up, 2s leading down. All set to partners. 2s cast up; 1s lead down, the man turning the woman under while they do so.

### **Captain White (J8x32) For 2 couples in a 4 couple set**

**1-8** 1s and 2s advance and retire, then circle 4H halfway.

**9-16** 2s and 1s repeat the figure, returning to places.

**17-24** 1st man and 2nd woman turn RH once around. 1st woman and 2nd man turn LH once around.

**25-32** 1s and 2s pousette.

### **Balquidder Strathspey (S8x32) For 3 couples in a 4 couple set**

**1-8** 1s cross down to dance mirror reels of 3 on opposite sides.

**9-16** 1s cross down to dance mirror reels of 3 on their own sides.

**17-24** 1s dance down for two bars, set to each other, dance to the top and cast off to face 1st corners.

**25-32** 1s turn 1st corner RH, partner LH, 2nd corner RH, and partner LH, ending in second place on their own sides.

### **The Sailor (R8x32) For 3 couples in a 4 couples set**

**1-8** 1s cross down by the RH; give hands to corners and set. 1s then cast to their R around 1st corner to form lines of 3 across. All set.

**9-16** 1s face the person on their R to dance R shoulder reels of 3 across; 1s end by passing L shoulder to 2nd place on the opposite side.

**17-24** 1s dance down for 2 bars, dance up to cross at the top, and cast to 2nd place on their own sides.

## 25-32 Rights and Lefts.

### Dancing Across the Atlantic (longways duple)

**A1** 1st man cross down to dance figure of eight around the 2s (starting by passing 2nd woman by the L) and cross the set to end in partner's place; *while* 1st woman waits for 2 bars and then follows to end in her partner's place.

**A2** 2s repeat the figure, 2nd woman leading. All end improper.

**B1** 1st man and 2nd woman (in 2nd corner positions) take R hand, then L hand, and turn halfway to change places. All face partner along the line and dance back-to-back.

**B2** 1st woman and 2nd man (in 1st corner positions) repeat the figure (give RH, then LH, turn halfway) to change places. All face partner across the set and dance back-to-back.

### At Nancy's House (three couple set)

**A** Circle 6 hands around to the left and back. 1s turn RH; *meanwhile* 2s and 3s star RH. 1s cast down to the bottom and cross R shoulder; *meanwhile* 2s and 3s cross RH with partner, then cross diagonally up, passing R shoulder with partner.

**B** Middle couple (3s) advance toward partner, then turn single R into a cast CW to the top and bottom of the set, forming lines of three across *Meanwhile* 1s and 2s set facing opposite corners, and then petronella (travelling turn single) over the R shoulder to move CCW to the next corner position. Repeat this three times, with the 3s casting CW into partner's places, then the top and bottom of the set, and then their own places. End proper and progressed in order 2-3-1.

### EH3 7AF (J8x32) For 3 couples in a 4 couple set

**1-8** 1s lead down the middle and up.

**9-16** 1s, 2s, and 3s promenade; 1s cast to 2nd place and 2s dance up into first place to end 2, 1, 3.

**17-24** 1s pass by the R shoulder and turn 1st corners  $\frac{3}{4}$  by RH, ending with 1st woman between the 2s facing down and 1st man between the 3s facing up. 1s pass by R shoulder and turn 2nd corners by RH.

**25-32** 1st man dances RH across with 2s while 1st woman dances RH across with 3s. 1st woman dances half figure of eight up between the 2s while 1st man dances half figure of eight down between the 3s, 1s ending in 2nd place on their own sides.

### Let's Meet Again (S8x32) For 2 couples in a 4 couple set

**1-8** 1s dance a half figure of eight around the 2s and face down. 1s and 2s set (no hands) and then, facing diagonally in, set again.

**9-16** 1s dance in to take promenade hold and dance a reel of 3 with 2s, starting with 1s giving R shoulder to 2nd man. 1s turn by LH halfway to end in original places.

**17-24** Set and turn 2H, 1s *halfway* and 2s once around, ending facing up and down. Advance for one and retire for 1; then advance again and, taking hands with neighbor opposite, retire to the sides of the set.

**25-32** Set and turn 2H  $1\frac{1}{4}$ , opening up to form a line up and down the center, with the men joining LH. Rotate the line CCW halfway. 1s turn RH  $\frac{3}{4}$  while the 2s turn LH  $\frac{3}{4}$  to

end in progressed places.

### **Key to the Cellar (longways triple)**

**A1** 1s cast down one place as 2s move up. 3s gate the 1s down and around into lines of 3 on the sides.

**A2** Lines of three go forward and back. 2s gate the 1s up and around.

**B1** Heys across the dance: 1st woman with the 2s, 1st man down with the 3s, both starting L shoulder to corner.

**B2** 1s gypsy R once around. All turn partners 2H.

### **The Carousel (Contra, longways duple minor improper)**

**A1** Long lines go forward and back. Women allemande L  $1\frac{1}{2}$ .

**A2** Partners give R shoulder for a full hey for four.

**B1** Partners balance and swing.

**B2** Circle L  $\frac{3}{4}$ . Neighbors swing.

### **TEA**

### **Apley House (longways duple minor)**

**A** Men join hands, fall back a double, turn single back to place; then Women do the same.

**B** RH star halfway around; all turn single. 2s cast down, followed by 1s; all form a line of 4 facing up, with the 1s on the ends.

**C** Forward a double and back, bending the line so that 1s return to 1st place and 2s to 2nd place, all improper. 1s cast down & cross over *while* 2s lead up; all turn 2H halfway to end proper and progressed.

### **Candles in the Dark (longways duple)**

**A1** 1s dance an assisted half figure of eight between the 2s: 1s face down, take RH to cross down between 2s, and cast up to change places. 1st man and 2nd woman dance assisted half figure of eight across the set.

**A2** 2nd man and 1st woman dance assisted half figure of eight across the set. 2s dance assisted half figure of eight down between the 1s. All end progressed and improper.

**B1** Mirror back-to-back with neighbor, 2s taking inside hands to begin and dancing down the center as the 1s move up the outside. Circle 4H once around.

**B2** Mirror back-to-back with neighbor, 1s taking inside hands and dancing up the center as 2s dance down the outside. All gypsy with partner R  $1\frac{1}{2}$  to end proper.

### **Kendall's Hornpipe (J8x32) For 2 couples in a 4 couple set**

**1-8** 1s and 2s dance Rights and Lefts.

**9-16** 1s lead down for three bars, then up for three bars. 1s cross at the top and cast to 2nd place.

**17-24** Ladies' Chain; all end facing in.

**25-32** Advance and retire. 1s turn RH  $1\frac{1}{2}$  to end on own sides.

### **Delvine Side (S8x32) For 3 couples in a 4 couple set**

1-8 1s and 2s set and cross R shoulder. Repeat to return to original places.

9-16 1s lead down the middle and back, ending ready for Allemande

17-24 1s and 2s dance Allemande; 1s end facing their 1st corners.

25-32 1s turn 1st corner 2H, pass partner R shoulder, turn 2nd corner 2H, and pass partner R shoulder to end in 2nd place on own sides.

### **Scotland's Gardens (R8x32) For 3 couples in a 4 couple set**

1-8 1s dance RSh reels of 3 on the sides.

9-16 1s face 2s and turn RH on the sides 1 ½ to change places. 1st man, followed by partner, cast up on men's side and dance down the center. 1st man join hands with the 3s and 1st woman with the 2s.

17-24 Lines of 3 dance down the middle and back. The top line faces down.

25-32 All set. 1s petronella turn to opposite sides *while* 2s and 3s set. All set. 1s cross RH to 2nd place on own sides.

### **Auretti's Dutch Skipper (longways duple)**

A1 1s lead down through the 2s and cast up to place, then turn 2H.

A2 2s lead up through the 1s and cast down to place, then turn 2H.

B1 1st corners 2H turn. 2nd corners 2H turn.

B2 All face partner and set twice. Three changes of Rs and Ls, starting with partner.

*\*Skipping or skip-change of step is appropriate, and encouraged, throughout.*

### **A Trip to Town-O (Sicilian circle)**

A1 RH star once around, then turn single over L shoulder.

A2 LH star once around, then turn single over R shoulder.

B1 All turn neighbor by RH once around. All turn partner by LH once around, ending facing neighbors.

B2 Advance and retire towards neighbors, and pass neighbor by R shoulder to progress.

### **Sapphire Sea (longways duple)**

A Circle 4H once around. 1st corners RH turn; 2nd corners LH turn. 1s cast down into the middle of a line of four *while* 2s lead up and cast to the ends; all finish facing 2nd woman.

B Dolphin hey, with 1s passing RSh with 2nd woman to begin (1st man and 1st woman switch lead at ends of reel). End in a line of four facing up, with 1's in the middle (M2-M1-W1-W2). Line leads up a double and falls back; 2s gate the 1s up and let go approximately halfway around to get to progressed places.

### **The Minister on the Loch (S3x32) 3 couple set**

1-8 1s and 2s dance a diamond poussette.

9-16 1s dance down for two steps and turn 2H, then dance back up to top and turn 2H.

17-24 1s and 3s dance a double figure of 8 around the 2s, 1s casting out and 3s crossing up to begin. 1s finish facing out.

**25-32** 1s and 2s turn on the sides  $1\frac{1}{2}$  to change places - men by LH, women by RH. 1s and 3s turn on the sides  $1\frac{1}{2}$  - men by RH, women by LH. End 2, 3, 1.

**The Highlandman Kissed His Mother (R8x32)**

**1-8** 1s turn by RH, cast off one place (2s moving up), and turn LH  $1\frac{1}{2}$  to face 1st corners.

**9-16** 1s set to and turn corners. End facing 1st corners.

**17-24** 1s give L shoulder to 1st corner to dance reels of three on opposite sides, then cross RH to 2nd place on own sides.

**25-32** Circle 6H round and back.

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